St. Mary's Research Centre

A research centre as strong as its community

Centre intégré universitaire de santé et de services sociaux de l'Ouest-de-l'Île-de-Montréal
Québec

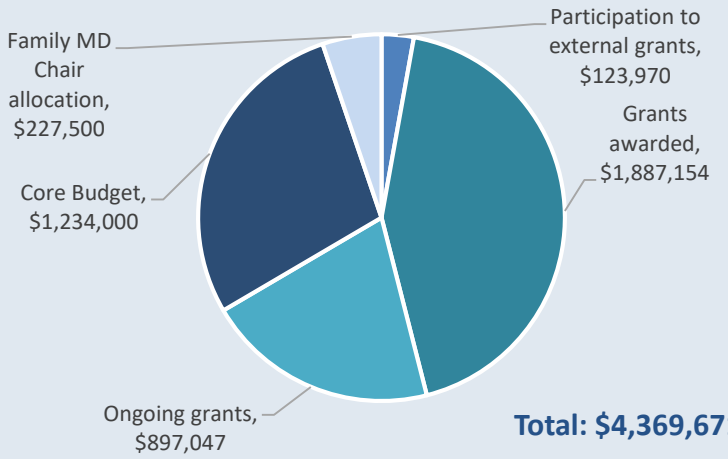
Conducting high quality research on primary and community care since **1993**

Excellence through the application of scientific evidence

Supporting evidence-informed decision-making through knowledge exchange activities with and for clinical leaders

Strong and lasting partnerships with **McGill University**

Revenue sources 2020-2021*



Total: $4,369,671

**Information provided by researchers*

The numbers behind the achievements in 2020-2021:

Scientists**
3

Clinician scientists**
22

Research professionals**
49

Administrative staff**
9

Graduate students***
21

***Please note that the SMRC is currently in the process of reviewing definitions of research center affiliation. ***Clinical trainees are not included.*

Publications	48	Clinical trials	7
New grants	10	Active projects	43
Consultation requests	36	Posters presentations	13
Knowledge exchange events	31	Oral presentations	17

FONDATION DE L'HÔPITAL ST. MARY | ST. MARY'S HOSPITAL FOUNDATION

McGill

MANUSCRIPTS PUBLISHED IN PEER-REVIEWED JOURNALS

Published between April 1st, 2020 to March 31st 2021

Andalib A, Bouchard P, Alamri H, Bougie A, **Demyttenaere S,** Court O. Single anastomosis duodeno-ileal bypass with sleeve gastrectomy (SADI-S): short-term outcomes from a prospective cohort study. *Surg Obes Relat.,* 17(2):414-424, 2020.

Andalib A, Alamri H, Almuhanna Y, Bouchard P, **Demyttenaere S**, Court O. Short-term outcomes of revisional surgery after sleeve gastrectomy: a comparative analysis of re-sleeve, Roux en-Y gastric bypass, duodenal switch (Roux en-Y and single-anastomosis). *Surg Endosc*.,2020. doi: 10.1007/s00464-020-07891-z

Andermann A, Tcholakov Y, Tomatuk R, Buchman S. Creating an environmentally sustainable health system demands a socially accountable approach in a post-COVID world. *Healthcare Pap.,* 19(3): 61-66, 2020

Al Farii H, Zhou S, **Albers A**. Management of osteomyelitis in sickle cell disease. *JAAOS Global Research & Reviews,* 4(9), 2020

Andermann A, Bloch G, Goel R, Brcic V, Salvaggio G, Twan S, Kendall C, Ponka D, Pottie K. Caring for patients with lived experience of homelessness. *Can Fam Phys.,* 66(8): 563-570, 2020

Bentaleb J, **Larouche M**. Innovative use of artificial intelligence in urogynecology. *Int Urogynecol J.* 31(7):1287-1288, 2020

Bouchard P, Tchervenkov J, **Demyttenaere S,** Court O, Andalib A. Safety and efficacy of the sleeve gastrectomy as a strategy towards kidney transplantation. *Surg Endosc*., Jun;34(6):2657-2664, 2020

Bouchard P, **Demyttenaere S,** Court O, Franco EL, Andalib A. Surgeon and hospital volume outcomes in bariatric surgery: a population-level study. *Surg Obes Relat Dis*., 16(5):674-681, 2020

Capmas P, **Larouche M,** Suhartana E. Conversion rate of laparoscopic or robotic to open sacrocolpopexy: are there associated factors and complications? *Int Urogynecol* J., 2020. doi: 10.1007/s00192-020-04570-4.

Cetin-Sahin D, Ducharme F, **McCusker J**, et al. Experiences of an emergency department visit among older adults and their families: Qualitative findings from a mixed-methods study. *J Pat Exp.,* 7(3):346-357, 2020

Cherid C, Baghdadli A, Wall M, Mayo N, Berry G, Harvey EJ, **Albers A**, Bergeron S, Morin S. Current level of technology use, health and eHealth literacy in older Canadians with a recent fracture-a survey in orthopedic clinics. *Osteoporos Int*.,31(7):1333-1340, 2020

Clover, K., **Lambert, SD**, Olmeadow, C., Britton, B., King, M. T., Mitchell, A., Carter, G. Apples to apples? Comparison of the measurement properties of Hospital Anxiety and Depression-Anxiety subscale (HADS-A), Depression, Anxiety and Stress Scale-Anxiety subscale (DASS-A), and Generalised Anxiety Disorder (GAD-7) scale in an oncology setting using Rasch analysis and diagnostic accuracy statistics. *Curr Psychol.*, 2020. https://doi.org/10.1007/s12144-020-00906-x

DuMont J, Kosa SD, Kia H, Spencer C, **Yaffe M**, MacDonald S. Development and evaluation of a social inclusion framework for a comprehensive hospital-based elder abuse intervention. *PLoS One.* 15: e0234195. 2020.DOI 10.1371/journal.pone.0234195

Garfinkle R, Abou-Khalil M, Salama E, Marinescu D, Pang A, Morin N, **Demyttenaere S**, Liberman AS, Vasilevsky CA, Boutros M. Development and validation of a clinical risk score for intensive care resource utilization after colon cancer surgery: A practical guide to the selection of patients during COVID-19. *J Gastrointest Surg*., 25(1):252-259, 2020.

MANUSCRIPTS PUBLISHED IN PEER-REVIEWED JOURNALS - Continued

Hallward L, Chemtob K, **Lambert SD,** Duncan LR. Prostate cancer survivors' and caregivers' experiences using behavior change techniques during a web-based self-management and physical activity program: A qualitative study. *J. Clin. Med.,* 9(10):3244, 2020

Howell, D, Rosberger, Z, Mayer, C, **Faria, R**, et al. Personalized symptom management: a quality improvement collaborative for implementation of patient reported outcomes (PROs) in 'real-world' oncology multisite practices. *J Patient Rep Outcomes*, 4(1), 47, 2020

Lambert SD, Duncan LR, Ellis J, Robinson JW, Sears C, Culos-Reed N, Matthew A, **de Raad M,** Schaffler JL, Mona DS, Saha-Chaudhuri P, McTaggart-Cowan H, Peacock S. A study protocol for a multi-centre randomized pilot trial of a dyadic, tailored, webbased, psychosocial and physical activity self-management program (TEMPO) for men with prostate cancer and their caregivers. *BMC J Pilot Feasab Stud.,* 7(1): 78, 2021.

Lambert SD, Schaffler JL, **Ould Brahim L, Belzile E**, Laizner A, Folch N, **Rosenberg E**, Maheu C, Ciofani L Dubois S, Gélinas-Phaneuf E, Drouin S, Leung K, Tremblay S, **Clayberg K, Ciampi A.** The effect of culturally adapted health education interventions among culturally and linguistically diverse (CALD) patients with a chronic illness: A meta-analysis and descriptive systematic review. *Pat Edu Counsel.,* 2021. https://doi.org/10.1016/j.pec.2021.01.023

Lambert, SD, Coumoundouros, C, Hulbert-Williams, N, Shaw, J, & Schaffler J. Building the capacity for psycho-oncology research: A survey of the research barriers and training needs within the International Psycho-Oncology Society (IPOS). *J Psychoso Onco Res Pract.* 2:e023, 2020. DOI: 10.1097/OR9.0000000000000023

Lambert SD, Duncan L.R, Ellis J Schaffler JL, **Loban E,** Wellesley Robinson J, Culos-Reed N, Matthew A, **Clayberg K,** Santa Mina D, Goldberg L, Pollock P, Tanguay S, Kassouf W, Saha-Chaudhuri P, Peacock S, Katz A. . Acceptability and Usefulness of a Dyadic, Tailored, Web-Based, Psychosocial and Physical Activity Self-Management Program (TEMPO): A Qualitative Study. *J. Clin. Med.* 9 (10): 3284, 2020

Lambert SD, McCusker J, Belzile E, Yaffe MJ, Ihejirika C, Richardson J. Bartlett S. : Using confirmatory factor analysis and Rasch analysis to examine the dimensionality of the Patient Assessment of Care for Chronic Illness Care (PACIC). *Qual Life Res., 2021.* DOI: 10.1007/s11136-020-02750-9

Larouche M, Albert AYK, Lipsky N, Walmsley S, Loutfy M, Smaill F, Trottier S, Bitnun A, Yudin MH, Cundiff GW, Money DM. Urinary symptoms and quality of life in women living with HIV: A cross-sectional study. *Inter Urogyneco J.,* 2020 . DOI: 10.1007/s00192-020-04343-z.

Le Berre M, Presse N, Morin M, **Larouche M,** Campeau L, Hu YX, Reid I, Dumoulin C. What do we really know about the role of caffeine on urinary tract symptoms? A scoping review on caffeine consumption and lower urinary tract symptoms in adults, *Neurourol Urodyn.*, 39(5):1217-1233, 2020

Lisonkova S, Geoffrion R, Sanaee M, Muraca GM, Wen Q, Yong PJ, **Larouche M**, Cundiff GW. Regional variation and temporal trends in surgery for pelvic organ prolapse in Canada, 2004-2014. *J Obstet Gynaecol Can.,* 42(7):846-852, 2020

Merdsoy L, **Lambert SD,** Sherman J: Perceptions, needs and preferences of chronic disease self-management support among men experiencing homelessness in Montreal. *Health Expect.*, 2020. DOI: 10.1111/hex.13106

McCusker J, **Yaffe MJ, Lambert SD, Cole MG, de Raad M, Belzile E, Ciampi A**, Amir E, **Hidalgo M**. Unmet needs of family regivers of hospitalized older adults preparing for discharge home. *Chron Ill.*, 16(2):131-145, 2020

McCusker J., Jones J, Li M, **Faria R, Yaffe, MJ, Lambert SD**, **Ciampi A, Belzile E, de Raad M**. CanDirect: Effectiveness of a telephone-supported depression self-care intervention for cancer survivors. *J Clin Onco.*, 39(10): 1150–1161, 2021

Merati N, Salsberg J, Saganash J, Iserhoff J, Hester Moses K, **Law S.** Cree youth engagement in health planning. *Inter J Indige Health,* 15(1):73-89, 2020

MANUSCRIPTS PUBLISHED IN PEER-REVIEWED JOURNALS - Continued

Mohsen K, Kildea J, **Lambert SD,** Laizner AM Exploring cancer patients' perceptions of accessing and experience with using the educational material in the Opal patient portal. *Supp Care Can.,* 2021. DOI: 10.1007/s00520-020-05900-4

Moldoveanu D, Best G, Pravongviengkham V, **Meguerditchian AN**, Dumitra S, Meterissian S. Dynamic. Neutrophil to Lymphocyte Ratio: A Novel Prognosis Measure for Triple Negative Breast Cancer. *Ann Surg Onco.*, 27(10): 4028-4034, 2020

O'Brien N, Godard-Sebillotte C, Skerritt L, Dayle J, Carter A, **Law S,** Cox J, Andersson N, Kaida A, Loutfy M, de Pokomandy A, CHIWOS Research Team. Assessing gaps in comprehensive HIV care across settings of care for women living with HIV in Canada. *J Women's Health.* 2020. https://www.liebertpub.com/doi/abs/10.1089/jwh.2019.8121

O'Brien N, **Law S**, Proulx-Boucher K, Menard B, Skerritt L, Boucoiran I, Cox J, Andersson N, de Pokomandy A. (2020) Co-designing care improvements for women living with HIV: a patient-oriented deliberative dialogue workshop in Montréal, Québec. *CMAJ OPEN,* 8(2) E264-E272, 2020

Ormel I, Magalhaes M, Josephson D, Tracey L, **Law S**. How to know what to know: Information challenges for women in the diagnostic phase of breast cancer. *Pat Edu Couns.*, 2020. DOI: https://doi.org/10.1016/j.pec.2020.06.030

Ormel I, Salsberg J, Hunt M, Doucet A, Hinton L, Macaulay A, **Law S**. Key issues for participatory research in the design and implementation of humanitarian assistance: a scoping review. *Glob Health Act.*, 13(1): 1826730, 2020

Parvez E, Morency D, Dumitra S, **Meguerditchian AN,** Dionisopoulos T, Meterissian S, Basik M, Martel K, Boileau JF. Surgical and oncologic outcomes of nipple-sparing mastectomy for breast cancer in a cohort of patients with high-risk features. *Clin Breast Can.,* 2020. DOI 10.1016/j.clbc.2020.03.001

Pottie K, Kendall C, Aubry T, Magwood O, **Andermann A**, Salvalaggio G, Ponka D, Bloch G, Brcic V, Agbata E, Thavorn K, Hannigan T, Bond A, Crouse S, Goel R, Shoemaker E, Wang JZ, Mott S, Mathew C, Hashmi S, Saad A, Kaur H, Piggott T, Arya N, Kozloff N, Beder M, Guenter D, Muckle W, Hwang S, Stergiopoulos V, Tugwell P. Clinical guideline for homeless, vulnerably housed and people with lived homelessness experience. *Can Med Ass J.*, 192(10) E240-E254, 2020

Ponka D, Agbata E, Kendall C, …**Andermann A**, et al. The effectiveness of case management interventions for homeless, vulnerably housed and persons with lived experience: A systematic review. *Plos One*, 15(4), 2020

Rochefort CM, Abrahamovicz M, Biron A, Bourgault P, **Haggerty J, McCusker J.** Nurse staffing practices and adverse events in acute care hospitals: The research protocolol of a multisite patient-level longitudinal study. *J Adv Nur* 2020. DOI: http://dx.doi.org/10.1111/jan.14710

Schwartz H, McCusker J, Law S, et al: Perinatal mental healthcare needs among women at a community hospital. Journal of Obstetrics and Gynaecology Canada. *J Obs Gynae Can*, 2020. DOI: https://doi.org/10.1016/j.jogc.2020.08.015

Shoemaker E, Kendall C, Mathew C, …**Andermann A**, et al. Establishing need and population priorities to improve the health of homeless and vulnerably housed women, youth, and men: a Delphi consensus study. *Plos One,* 15(4), 2020

Ugalde A, Blaschke SM, Schofield P, **Lambert, SD,** et al. Priorities for cancer caregiver intervention research: A three-round modified Delphi study to inform priorities for participants, interventions, outcomes and study design characteristics. *Psycho-Onco.*, 2020. DOI: 10.1002/pon.5404

Yaffe MJ. Can a positive doctor-patient relationship contribute to risk of elder abuse? *J Elder Abu Negl.*, 2020 DOI: 10.1080/08946566.2020.1770646

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Québec

JOURNALS WITH A SMRC PUBLICATION (2020-21)

30 Peer-Reviewed Journals

- Annals of Surgical Oncology
- Canadian Family Physician
- Canadian Medical Association Journal
- Chronic Illness
- Clinical Breast Cancer
- Current Psychology
- Global Health Action
- Health Expectations
- Healthcare Papers
- International Journal of Indigenous Health
- International Urogynecology Journal
- Journal AAOS Global Research & Reviews
- Journal of Gastrointestinal Surgery
- Journal of Obstetric and Gynaecology Canada
- Journal of Patient Reported Outcomes
- Journal of Clinical Medicine
- Journal of Advanced Nursing
- Journal of Clinical Oncology
- Journal of Elder Abuse & Neglect
- Journal of Patient Experience
- Journal of Psychosocial Oncology Research and Practice
- Journal of Women's Health
- Neurourology Urodynamics
- Osteoporosis International
- Patient Education & Counseling
- PLoS One
- Psycho-Oncology
- Supportive Care in Cancer
- Surgical Endoscopy
- Surgery for Obesity and Related Diseases

PUBLISHED ABSTRACTS

Busque AA, Belzile E, Rodrigues J, **Larouche M**. Surgical complications of benign gynecologic procedures at a Canadian university-affiliated hospital. *Journal of Obstetric Gynaecology Canada.* 2020;42(5):670. DOI: https://doi.org/10.1016/j.jogc.2020.02.027. Published abstract accepted for oral presentation - conference cancelled due to Covid-19 June 9-12 2020. Society of Obstetricians and Gynecologists of Canada's Annual Clinical Scientific Conference, Ottawa, ON, Canada

Geoffrion R, Gong M, Koenig N, Sinclair N, Brotto L, Lee T, **Larouche M**. Depression and anxiety in surgical patients: An observational study. *Journal of Obstetric Gynaecology Canada.* 2020;42(5):674-675. DOI: https://doi.org/10.1016/j.jogc.2020.02.042. Published abstract accepted for oral presentation - conference cancelled due to Covid-19 June 9-12 2020. Society of Obstetricians and Gynecologists of Canada's Annual Clinical Scientific Conference, Ottawa, ON, Canada

Larouche M, **Belzile E**, Geoffrion R. Surgical management of symptomatic apical pelvic organ prolapse: A systematic review. *Journal of Obstetric Gynaecology Canada.* 2020;42(5):678. DOI: https://doi.org/10.1016/j.jogc.2020.02.055. Published abstract. Accepted for oral presentation - conference cancelled due to Covid-19. June 9-12 2020. Society of Obstetricians and Gynecologists of Canada's Annual Clinical Scientific Conference, Ottawa, ON, Canada

Larouche M, Jabs F, Cundiff GW, Geoffrion R, Koenig NA, **Belzile E**, Brotto L. Pelvic floor symptoms in women with low sexual desire seeking therapy. *Journal of Obstetric Gynaecology Canada*. 2020;42(5):678-679. DOI: https://doi.org/10.1016/j.jogc.2020.02.056. Published abstract. Accepted for poster presentation - conference cancelled due to Covid-19 June 9-12 2020. Society of Obstetricians and Gynecologists of Canada's Annual Clinical Scientific Conference, Ottawa, ON, Canada

ORAL PRESENTATIONS

Andermann A. Caring for marginalized and underserved populations: Practical approaches for providing socially accountable care. World Organization of National Colleges, Academies and Academic Associations of General Practitioners/Family Physicians Europe Region Conference Berlin, Germany. December 16-19, 2020 (hosted virtually).

Faria R, Bernatchez S. Dépistage et réponse à la détresse pour réduire la sévérité des symptômes au CHSM et au CUSM. Programme Québécois de cancérologie, Ensemble en réseau pour vaincre le cancer. Montreal, QC. November 12-19, 2020

Larouche M, Belzile E, Geoffrion R. Surgical management of symptomatic apical pelvic organ prolapse: a systematic review and meta-analysis. American Urogynecologic Society's Annual Pelvic Floor Disorders' Week Conference, Vancouver, BC. Oct 6-10 2020.

Geoffrion R, Koenig N, Brotto L, Lee T, **Larouche M.** Association of preoperative depression and anxiety with surgical patient outcomes: A mixed cohort observational study. American Urogynecologic Society's Annual Pelvic Floor Disorders' Week Conference, Vancouver, BC. Oct 6-10 2020.

ORAL PRESENTATIONS - Continued

Lamarche, J, Lebel, S, Nissim, R, Esplen, M-J. Wong, J, Jones, J. Laizner, A, **Lambert, S**, et al. Addressing fear of cancer recurrence in the francophone family caregiver: adaptation, feasibility, and acceptability study of an online version of the Fear Of Recurrence Therapy (FORT) for francophone family caregivers. 35th Canadian Association of Psychosocial Oncology (CAPO) conference (hosted virtually), July 14-16, 2020.

Lambert, S. D. Supporting engagement in illness self-management among patients with cancer and their caregivers: An overview of technology-mediated interventions and an innovative trial design. Canadian Cancer Trial Group – Supportive Care Executive Committee (hosted virtually). May 31st 2020.

Lambert, S. D., Moodie, E., **McCusker, Ould Brahim, L.** Being SMART about the next generation of psychosocial interventions: An overview of developing adaptive interventions using Sequentual Multiple Assignment Randomized Trial (SMART). 35th Canadian Association of Psychosocial Oncology (CAPO) conference, (hosted virtually) July 14-16, 2020.

Lambert, S. D., Faria, R., Magalhaes, M. Implementation and evaluation of a mobile application for the systematic assessment of patient and caregiver reported outcomes in Quebec across the cancer continuum. Canadian Partnership Against Cancer - Patient Reported Outcomes and Early Integration of Palliative Care Knowledge Transfer and Exchange Meeting (hosted virtually). November 30th, 2020

Larouche M, Belzile E, Geoffrion R. Surgical management of symptomatic apical pelvic organ prolapse: a systematic review and meta-analysis. American Urogynecologic Society's Annual Pelvic Floor Disorders' Week Conference (hosted virtually). Vancouver, BC. Oct 6-10 2020.

McCusker J, Jones J, Li M, **Faria R, Yaffe M, Lambert S, Ciampi A, Belzile E, de Raad M**. Effectiveness of a telephone-supported depression self-management intervention for cancer survivors. 35th Canadian Association for Psycho-social Oncology (CAPO) conference, (hosted virtually). July 14-16, 2020

McCusker J, Jones J, Li M, **Faria R, Yaffe M, Lambert S, Ciampi A, Belzile E, de Raad M.** To assess the effectiveness of a telephone-supported depression self-management intervention for cancer survivors in comparison to usual care only. 35th Canadian Association of Psychosocial Oncology Conference (CAPO) conference, (hosted virtually). July 14 - 16, 2020

Mohsen, K., Laizner, A. M., **Lambert, S. D.,** & Kildea, J. Exploring cancer patients' perceptions of accessing and experience with using the education material in the Opal patient portal. 35th Canadian Association of Psychosocial Oncology (CAPO) conference, (hosted virtually). July 14-16, 2020

O'Brien N, **Law S,** Proulx-Boucher K, Skerritt L, Boucoiran I, Cox J, Andersson N, de Pokomandy A. Co-designing care improvements for women living with HIV: a deliberative dialogue workshop in Montréal, Québec. 29th Annual Canadian Conference on HIV/AIDS Research (CAHR 2020), (hosted virtually). Quebec City, QC. May 1-2, 2020

O'Brien N, **Law S**, Pokomandy A. Co-designing HIV care improvements with patients and providers in Montréal, Québec: adapting deliberative dialogue strategies to ensure the engagement of women living with intersecting marginalized identities. Qualitative Health Research Conference 2020. Calgary AB. June 15-19, 2020

Plett D, Versloot J, Monaghan C, **Law S.** Effective for whom? Equity considerations in a scoping review of the effectiveness of multi-sectoral approaches to suicide prevention. Association for Public Policy Analysis and Management (APPAM) International Conference. Toronto ON. July 23-24, 2020

Rajabiyazdi F, Pal A, Alam R, Montanez J, **Law S**, Lee L, Pecorelli N, Yusuke W, Luciana C, Faconi M, Satoshi H, Mayo N, Feldman L, Fiore J What does 'recovery' mean to patients undergoing abdominal surgery? An international qualitative study. SAGES (hosted virtually). August 10-15, 2020.

Zheng MMZ, Koenig N, Lee T, **Larouche M**, Geoffrion R. Association between preoperative pain perceptions and postoperative outcomes in a mixed inpatient surgical cohort. American Urogynecologic Society's Annual Pelvic Floor Disorders' Week Conference, Vancouver, BC. Oct 6-10 2020.

POSTER PRESENTATIONS

Abou-Sharhk A, Mayo N, Wall M, **Albers A**, Bergeron S, Jean S, Berube P, Harvey E, Morin S. What matters to older persons recovering from fractures? Annual International Society for Quality of Life Conference (hosted virtually). October 2020

Alghanaim N, Machado-Gedeon A, Walter JE, **Larouche M**. The effectiveness of tricyclic antidepressant in patients with overactive bladder and nocturia. Canadian Society for the Advancement of Gynecologic Excellence (CanSAGE) (hosted virtually). September 25-26 2020

Andermann A. Learning by doing: Evaluating opportunities for undergraduate and postgraduate trainees to practice socially accountable care. WONCA Europe. Berlin, Germany. December 2020

Kurteva, S. Tamblyn R, **Meguerditchian AN.** Opioid prescription characteristics associated with frequent emergency department use among hospitalized cancer patients: a comparative cohort study. American Association for Cancer Research (AACR) Annual Virtual Meeting, San Diego CA. June 22-24.

Lambert S, Grover S, Laizner A, **McCusker J**, Moodie E, Kayser J, Vallis M, Pilote L, Da Costa D, **Belzile E**, Firth W, Lowensteyn I, **Ibberson C, de Raad M**. Internet-based stress management program for patients with cardiovascular disease (CVD): piloting a Sequential Multiple Assignment Randomized Trial (SMART). International Behavioural Trials Network (IBTN) 2020 (hosted virtually). May 28-29 2020

Lambert SD, **Faria R**, Kildea J, Rosberger Z, Hijal T, **McCusker J, , Magalhaes M,.** Partnering with cancer patients and their caregivers to improve outcomes and patient/caregiver experience: How patient-partner experiences on the e-IMPAQc project can be used to model patient partnerships. 35th Canadian Association of Psychosocial Oncology Conference (CAPO) (hosted virtually). July 14 - 16, 2020

Lachance C, Mo S, Savonitto E, Rodrigues J, Walter JE, **Larouche M**. Intraoperative Crede maneuver to predict postoperative de novo stress urinary incontinence (PONSUI) at the time of pelvic organ prolapse (POP) surgery. American Urogynecologic Society's Annual Pelvic Floor Disorders' Week Conference, Vancouver, BC. Oct 6-10 2020.

Larouche M, Lachance C, Suarthana E, Capmas P. Conversion rate of laparoscopic/robotic to open sacrocolpopexy: Are there associated factors and complications? American Urogynecologic Society's Annual Pelvic Floor Disorders' Week Conference, Vancouver, BC. October 6-10 2020.

Madjitey P, **Andermann A,** Hunt M, Kobinger G. Exploring the perspectives of local health workers on ethical tensions experienced during epidemic outbreaks in under-resourced settings. Global Health Night McGill University. Montreal QC. October 2020.

Ormel I, Law S. The hygiene promotion response to the cholera outbreak in Haiti: Understanding the role of trust. Consortium of Universities for Global Health (CUGH) 2021. (Hosted virtually). March 12-14, 2021.

Sinclair N, Koenig NA, Lee T, **Larouche M,** Geoffrion R. Preoperative exercise, sleep, coping mechanisms and surgical outcomes: An observational study. American Urogynecologic Society's Annual Pelvic Floor Disorders' Week Conference, Vancouver, BC. October 6-10 2020.

Singh H, **Law S**, Armas A, Jarach CM, Steel Gray C, Plett D, Cunningham H, Nie J, Sritharan J, Ellen M, Thombs R, Tang T, Nelson M. Mapping theories, models and frameworks that support transitions from hospital to home for the development of a digital health tool: a rapid review study protocol. NAPCRG 2020. San Francisco CA. November 20-24, 2020.

Son T, **Lambert S**, DiCicco-Bloom B. et al…Multi-phase adaption of a self-directed coping intervention for ambulatory patients undergoing hematopoietic stem cell transplantation (HSCT) and their caregivers: Phase 1. ONS-NCI-NINR Symptom Science Advances in Oncology Nursing virtual event, February 4- 5, 2021

LIST OF CONFERENCES HOSTING SMRC SCIENTISTS PRESENTATIONS

14 Local, National & International Conferences

5th Annual Conference of the Canadian Society for the Advancement of Gynecologic Excellence – September 2020

35th Canadian Association of Psychosocial Oncology Conference – July 2020

48th North America Primary Care Research Group Annual Meeting – November 2020

Annual Canadian Conference on HIV/AIDS Research – May 2020

American Association for Cancer Research Annual Meeting – June 2020

American Psychosocial Oncology Society Annual Conference

American Urogynecologic Society's Annual Pelvic Floor Disorders Week Conference – October 2020

Annual International Society for Quality of Life Conference – October 2020

Association for Public Policy Analysis and Management International Conference- July 2020

Canadian Partnership Against Cancer - Patient Reported Outcomes and Early Integration of Palliative Care Knowledge Transfer and Exchange Meeting – November 2020

Consortium of Universities for Global Health Conference – March 2021

International Behavioural Trials Network Global 2020 Conference – May 2020
Qualitative Health Research Conference June 2020

SAGES 2020 – August 2020

World Organization of National Colleges, Academies and Academic Associations of General Practitioners/Family Physicians Europe Region Conference – December 2020

OTHER ACADEMIC CONTRIBUTIONS

PsychEd podcast
Hosted by "Podcast for medical learners, by medical learners"
Dr. Laura Lachance
Episode 26 : Nutritional Psychiatry , July 7, 2020

Interview
Dr. Sylvie Lambert
Demystifying the symptoms of cancer patients / Fatéma Dodat, Oncopole News, August 7, 2020

E-Book Chapter
Ilja Ormel & Dr. Susan Law
Piloting co-design in a humanitarian setting: New insights and lessons learned – the importance of cultural and contextual adaptation

Chair of research grant peer review committee
Quebec Breast Cancer Foundation
Dr. Ari Meguerditchian
A Million to Find a Cure 2020 Edition

Member, COVID pandemic oncology guideline development group
Institut national d'excellence en santé et services sociaux (INESSS)
Dr. Ari Meguerditchian
Disease site: Melanoma

Member, Scientific peer review committee
MUHC nursing grants program
Newton Foundation
Dr. Ari Meguerditchian

Member, Comité d'évolution des pratiques en oncologie
Institut national d'excellence en santé et services sociaux (INESSS)
Dr. Ari Meguerditchian

NEW GRANTS AWARDED TO SMRC RESEARCHERS IN 2020-2021

The integration of patient-reported outcomes (PROs) in cancer care: learning from real-world implementation in cancer centres across Quebec.
Lambert SD, Nugus P, **McCusker J, Yaffe M,**...**Haggerty J, Ciampi A**...et al.
Fonds de recherche du Québec en santé (FRQS). Innove-Onco - Optimizing the Integration of Innovation in Oncology - 2 years
$850,000

Optimizing cancer care quality: A network-wide approach.
Meguerditchian, AN.
McGill University Foundation - 4 year
$400,000

Implementing a mobile-based symptom screening program for tailored treatment and care of women with breast cancer.
Lambert S, Chaput G, **Faria R**, ...**McCusker J**. et al.
Quebec Breast Cancer Foundation - 1 year
$200,000

Improving the care of cancer survivors and their caregivers: In partnership with cancer survivors, caregivers and healthcare professionals for developing and evaluating electronic patient- and caregiver-reported outcome programs to capture the long-term effects of cancer and provide self-management support.
Lambert SD, Faria R, McCusker J, Hijal T, **Yaffe M.** et al.
Fonds de recherche Santé Québec - Priorité patient - La recherche au service des besoins des patients en oncologie - 2 years
$199,957

Assisting family physicians with gaps in mental health care generated by the COVID-19.
Yaffe M, **McCusker J**, **Lambert SD**, **Haggerty J**, **Meguerditchian A**, Pineault M.
Foundation for Advancing Family Medicine. COVID-19 Pandemic response and Impact Grant Program (Co-RIG) - Phase I - 1 year
$114,872

e-IMPAQc: A real-world implementation and evaluation of features to facilitate social distancing measures for cancer patients through a mobile phone-based program.
Lambert SD, Kildea J, Magalhaes M.
Canadian Partnership Against Cancer (CPAC) - 2 years
$94,325

NEW GRANTS AWARDED TO SMRC RESEARCHERS IN 2020-2021 - Continued

Adapting telemedicine to serve the needs of socially vulnerable persons during and beyond the COVID-19 pandemic containment measures.
Haggerty J, Adams A, Leblanc I, Munro K, Arsenault M.
McGill Chair in Family and Community Medicine. - 1 year
$10,000

Predicting adverse outcome in elderly patients by pattern of Emergency Department visits.
Mah R.
Competition Attracting Research Excellence (C.A.R.E) St. Mary's Hospital Center -2 years
$10,000

A dyadic depression self-management intervention for adults with chronic physical diseases and co-occurring depression and their family caregivers: A mixed methods intervention adaptation and pilot randomized controlled trial.
Ould Brahim L, **Lambert S**, Feeley N, **McCusker J,** Moodie E, Genest C.
Student Project Support Funding (PhD and Postdoctorate), McGill Internal Competition, Quebec Network on Nursing Intervention Research - 1 year
$5000

A study protocol for a multi-centre randomized pilot trial of a dyadic, tailored, web-based, psychosocial and physical activity self-management program (TEMPO) for men with prostate cancer and their caregivers.
Lambert SD, Duncan L.
Internal Competition, Ingram School of Nursing Collaborative, McGill University. Open Access Publication Support – 1 year
$3,000

CLINICAL TRIALS IN ONCOLOGY: CONTINUED GROWTH AT ST-MARY'S

Investigators

Dr. Adrian Langleben
Dr. Richard Dalfen
Dr. Khashayar Esfahani

Lung

A Phase III, Randomized, Double-blind Trial of Platinum Doublet Chemotherapy +/-Pembrolizumab (MK-3475) as Neoadjuvant/Adjuvant Therapy for Participants with Resectable Stage IIB or IIIA Non-small Cell Lung Cancer (NSCLC)

A Phase III, Randomized, Double-blind Study of Pembrolizumab plus Ipilimumab vs Pembrolizumab plus Placebo in Previously Untreated, Recurrent/Metastatic Non-small Cell Lung Cancer

A Phase 3 Study of Pembrolizumab in Combination with Pemetrexed/Platinum (Carboplatin or Cisplatin) Followed by Pembrolizumab and Maintenance Olaparib vs Maintenance Pemetrexed in the First-Line Treatment of Participants with Metastatic Nonsquamous Non-Small-Cell Lung Cancer

A Phase 3 Study of Pembrolizumab in Combination with Carboplatin/Taxane (Paclitaxel or Nab-paclitaxel) Followed by Pembrolizumab with or without Maintenance Olaparib in the First-line Treatment of Metastatic Squamous Non-small Cell Lung Cancer (NSCLC)

A Randomized, Double-blind, Phase 3 Study of Pemetrexed + Platinum Chemotherapy + Pembrolizumab (MK-3475) with or without Lenvatinib in Participants with Treatment-naïve, Metastatic Non-squamous Non-small Cell Lung Cancer (NSCLC)

A Phase 3, multicenter, randomized, open-label trial to compare the efficacy and safety of pembrolizumab (MK-3475) in combination with lenvatinib (E7080/MK-7902) versus docetaxel in previously treated participants with metastatic nonsmall cell lung cancer (NSCLC) and progressive disease (PD) after platinum doublet chemotherapy and immunotherapy (anti-PD-1/PD-L1 inhibitor) (LEAP-008)

Gastric or Gastroesophageal Junction

A Phase 3, Global, Multi-Center, Double-Blind, Randomized, Efficacy Study of Zolbetuximab (IMAB362) Plus mFOLFOX6 Compared with Placebo Plus mFOLFOX6 as First-line Treatment of Subjects with Claudin (CLDN)18.2-Positive, HER2- Negative, Locally Advanced Unresectable or Metastatic Gastric or Gastroesophageal Junction (GEJ) Adenocarcinoma

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THE SCIENCE OF UNDERSTANDING AND IMPROVING PATIENT CARE
A FEW HIGHLIGHTS FROM 2020-21

PanDIRECT

Assisting family physicians with gaps in mental health care generated by the COVID-19 pandemic.

During pandemics people with chronic physical conditions may be particularly vulnerable for unmet mental health needs. This may be because of decreased access to doctors because of limitations in face-to-face contact, or because some doctors are obligated to provide medical services outside of their usual points of care. The current research is studying the role that various self-help tools may play to address symptoms and of anxiety and depression when supported by telephone-based trained lay coaches.

M.J. Yaffe, J. McCusker, S. D. Lambert, J. Haggerty, A.N. Meguerditchian and M. Pineault
1 year
Foundation for Advancing Family Medicine; Foundation of the Canadian Medical Association
$114,872

Foundation for Advancing Family Medicine / Fondation pour l'avancement de la médecine familiale

Priorité Patient

The integration of patient-reported outcomes (PROs) in cancer care: learning from real-world implementation in cancer centres across Quebec.

The aims of this study are to determine how and why e-IMPAQc is used and whether it eventually becomes part of the everyday clinical care patients can expect across participating cancer centres. We are looking at how e-IMPAQc can be available in more cancer centres in Quebec. **e-IMPAQc** is a mobile-based program for the systematic collection and assessment of patient- and caregiver-reported outcomes during cancer treatment.

S.D. Lambert, R. Faria, J. McCusker, T. Hijal, M.J. Yaffe and D. Tremblay
2 years
Fonds de recherche Santé Québec
$199, 957

Fonds de recherche Santé Québec

Innove-Onco

Improving the care of cancer survivors and their caregivers: In partnership with cancer survivors, caregivers and healthcare professionals for developing and evaluating electronic patient- and caregiver-reported outcome programs to capture the long-term effects of cancer and provide self-management support.

The research project aims to develop and evaluate a new program called e-IMPAQc to screen for symptoms following cancer treatment. A communication platform allows cancer survivors and their family caregivers to facilitate the continuity of care. e-IMPAQc helps patients and caregivers at cancer centres across Quebec track and manage their physical and emotional symptoms and practical challenges and communicate these to their healthcare team using mobile technology.

S.D. Lambert, P. Nugus, **J. McCusker, M.J. Yaffe,** J. Kildea, T. Hijal, **J. Haggerty, A. Ciampi,** Z. Rosberger and D. Tremblay
2 years
Fonds de recherche Santé Québec
$850,000

Fonds de recherche Santé Québec

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THE SCIENCE OF UNDERSTANDING AND IMPROVING PATIENT CARE
A FEW HIGHLIGHTS FROM 2020-21

Elderly patients' ED visits

Predicting adverse outcome in elderly patients by pattern of Emergency Department visits.

Elderly patients who come to the Emergency Department (ED) are sicker and require more care. Sending elders home from the ED is difficult because we currently cannot identify patients that are at high risk of returning to the ED in the short-term. By analyzing all geriatric ED visits in Quebec (approximately 800000/year) over a two-year period, we hope to better understand these patterns of high intensity use, the factors that contribute to it, and what their risk is of poor outcome. The hope is that earlier detection of these patterns of use will allow healthcare providers to ensure adequate and timely care for those elders at greatest risk.

R. Mah, J. McCusker, D. Cetin-Sahin, J. Chabot, A. Ciampi and D. Dorr
2 years
Competition Attracting Research Excellence (C.A.R.E), SMHF
$10,000

FONDATION DE L'HÔPITAL ST. MARY | ST. MARY'S HOSPITAL FOUNDATION

CanDIRECT

Effectiveness of a telephone-supported depression self-care intervention for cancer survivors

CanDirect study ended 2 years ago. Its findings were first published online in February 2021 in the prestigious Journal of Clinical Oncology. The aim of the CanDIRECT study was to determine whether a self-care intervention for cancer survivors with depression who have completed their cancer treatments improves 6 month outcomes. Designed to be sustainable, the intervention comprised a depression self-care toolkit plus telephone coaching for up to 6 months from a trained, lay coach. The results indicated that, compared to randomized controls, the intervention significantly improved symptoms of depression and anxiety, improved mental health-related quality of life, and increased level of activation.

J. McCusker, J. Jones, R. Faria, S.D. Lambert, M. Li and M.J. Yaffe
2016-2019
Canadian Cancer Society
$300,000

Canadian Cancer Society | Société canadienne du cancer

Optimizing cancer care quality
A network-wide approach

Understanding challenges in the quality of cancer care delivered to patients in the network
Despite significant advances in oncology, about 30% of cancer do not receive appropriate care. A team of collaborators from across the network of McGill-affiliated hospitals, will develop and validate trajectory tracking mechanisms using administrative databases that identify challenges in quality early on and offer an opportunity to optimize care.
Meguerditchian, AN
2020-2024
McGill University Foundation
$400,000

Fondation du Centre universitaire de santé McGill | McGill University Health Centre Foundation

RESEARCHER HIGHLIGHTS

Dr. Ari Meguerditchian hosted a webinar entitled "Breast Cancer: Old Disease, New Challenges" on October 14th 2020. This event was a joint session by the Canadian Association of General Surgeons and the Canadian Society of Surgical Oncology.

Dr. Jeannie Haggerty was once more reappointed for five years as the McGill University Research Chair in Family & Community Medicine at St. Mary's Hospital. Endowed by St. Mary's Hospital Foundation, this Chair's objective is to advance knowledge on optimizing primary and community care, by leveraging St-Mary's philosophy of proximity and patient-centeredness..

Dr. Sylvie Lambert was promoted to Associate Professor at the Ingram School of Nursing at McGill University. She leads e-IMPAQc, an ambitious research program focusing on supporting cancer patients' and their caregivers' experience with care. In 2020, e-IMPAQc received funding from the Quebec Breast Cancer Foundation, the Fonds de la recherche du Quebec (Santé) and Innove-onco.

Dr. Jane McCusker published in the prestigious Journal of Clinical Oncology a paper entitled CanDirect: Effectiveness of a telephone-supported depression self-care intervention for cancer survivors. CanDirect is a novel, depression self-care intervention delivered by trained lay coaches over the telephone. The intervention was originally developed for people with chronic conditions by Dr. McCusker, then adapted for cancer survivors.

Rosana Faria was awarded a certificate by Lora Thompson, 2020 Scientific Program Chair and Yasmin Asvat, 2020 Poster Committee Chair, in the category "Clinical" by the American Psychosocial Oncology Society for her poster entitled "Facilitating comprehensive, person-centered, and evidence-based real time symptom management in cancer care across Quebec with mobile technology: The e-IMPAQc project.

Dr. Susan Law launched a new Patient-researcher partnerships module and a short film based on research to explore women's experiences of perinatal mental health problems. The film presents key themes that were important to these women with examples from their stories. www.healthexperiences.ca or www.experiencessante.ca

PAST GRANTS ACCOMPLISHMENTS

- **Dr. Jane McCusker** (Canadian Cancer Institute grantee 2016-2019) published her findings in Journal of Clinical Oncology (1).
- **Dr. Sylvie Lambert** (Canadian Institutes of Health Research grantee 2017-2018) presented her results at the 35th Canadian Association of Psychosocial Oncology (CAPO) and International Behavioural Trials Network Annual Conference (2-3).

References

1. **McCusker J,** Jones J, Li M, **Faria R, Yaffe M, Lambert SD, Ciampi A, Belzile E, de Raad, M**. CanDirect: Effectiveness of a telephone-supported depression self-care intervention for cancer survivors. *Journal of Clinical Oncology*, 30(10): 1150-1161, 2021
2. **Lambert SD,** Moodie E., **McCusker J, Ould Brahim, L.** Being SMART about the next generation of psychosocial interventions: An overview of developing adaptive interventions using Sequentual Multiple Assignment Randomized Trial (SMART). Presented at the 35th Canadian Association of Psychosocial Oncology (CAPO) Annual Conference (hosted virtually), July 14-16, 2020.
3. **Lambert SD,** Grover S, Laizner A, **McCusker J,** Moodie E, Kayser J, Vallis M, Pilote L, Da Costa D, **Belzile E**, Firth W, Lowensteyn I, **Ibberson C, de Raad M.** Internet-based stress management program for patients with cardiovascular disease (CVD): piloting a Sequential Multiple Assignment Randomized Trial (SMART). Poster presented at the International Behavioural Trials Network (IBTN) 2020 (hosted virtually), May 28-29, 2020

Canadian Association of Psychosocial Oncology
Association Canadienne d'Oncologie Psychosociale

ibtn
international
behavioural
trials network

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RESEARCH METHODOLOGY CONSULTATION SERVICE: SUPPORTING ACADEMIC EXCELLENCE

The Research Methodology Consultation Service has been created to support St Mary`s Hospital (SMH) clinicians, researchers and their trainees in developing their research. This service provides for eligible researchers and partners for a certain number of hours free of charge. Support covers :

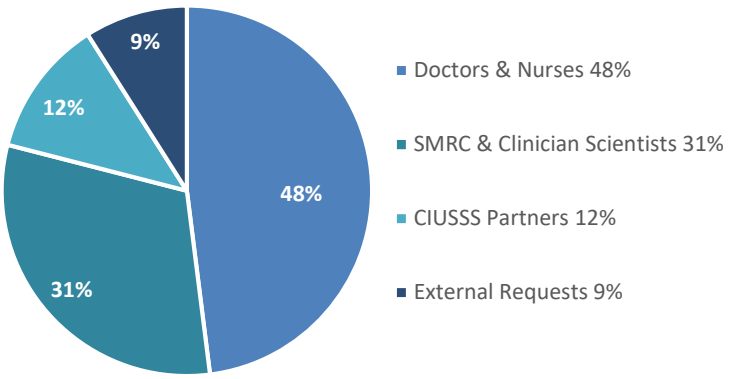
1. Methodological expertise
2. Research ethics expertise,
3. Statistical analysis support,
4. Scientific/methodologic assessment (for decision effectors and resource allocators).

This unique service is designed to empower the St-Mary's community, by providing methodologic support targeted at optimizing scientific productivity. It ensures that the SMH remains a key player in advancing knowledge on best practices in community, proximity and patient-centered care, and further strengthens the academic mandate of SMH.

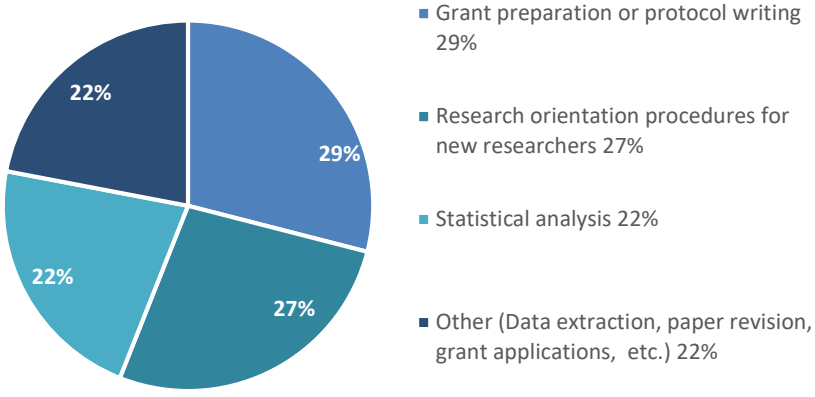
Since its founding in 1994, the St Mary`s Research Center Consultation Service has benefited from the generous support of St Mary's Hospital Foundation.

- Number of requests: 36
- Hours of consultation: 188
- Consultants : 2
- Trainees were involved in 25% of the consultation requests.

Requestors



Main Consultation Themes



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LUNCH & LEARN
A UNIQUE OPPORTUNITY FOR KNOWLEDGE TRANSFER

Bi-monthly talk on a theoretical or practical health research topic. Lunch & Learn promotes discussion among scientists, health care professionals, clinicians and students. These talks are open to everyone.

Clinical trial methodology 101 : Methodologic principles of randomized-controlled trials. April 2nd, 2020
Adélaïde Doussau, MD, PhD Project Development and Consultation Coordinator - SMRC

Project management: Overview of processes and tools. April 9, 2020
Manon de Raad, B. Comm, Research Coordinator, SMRC

Mathematical Models of Epidemics, April 16, 2020
Antonio Ciampi, PhD, Senior Statistician, SMRC

How to improve the graphic design of your research documents +/- "branding strategy" for recruitment. April 16, 2020
Lisa Starr, PhD & Cindy Ibberson SMRC

Journal Club on mixed methods. April 30th, 2020
Jeannie Haggerty, PhD, Research Chair in Family & Community Medicine SMRC

Pragmatic Trials. May 7, 2020
Jane McCusker, PhD, Professor Emerita, Department of Epidemiology, Biostatistics, and Occupational Health, McGill University.

Design thinking. May 14, 2020
Lisa Starr, PhD, SMRC

Bases de données administratives sur la santé (St-Mary et Provincial). May 21, 2020
Eric Belzile, MSc, Senior Statistician, SMRC

Introduction to cognitive testing of questionnaires. May 28, 2020
Jeannie Haggerty, PhD, Research Chair in Family & Community Medicine, SMRC

e-IMPAQc Project. June 4, 2020
Mona Magalhaes, Research Program Manager, SMRC
Geraldine Delight-Tayco, Senior Program Manager, McGill University Health Center (MUHC)

LUNCH & LEARN
A UNIQUE OPPORTUNITY FOR KNOWLEDGE TRANSFER - Continued

Collaborer avec les organismes communautaires et les patients partenaires : un échange donnant-donnant ? June 11, 2020
Sonia Lussier, B.A. (Music) Research Coordinator, SMRC

I'm a feminist scientist – what does that mean? Relevance of feminist epistemology to health research. June 18, 2020
Émilie Dionne, PhD, Academic Research Associate & Jeannie Haggerty, PhD, Research Chair in Family & Community Medicine SMRC

Surgical complications of benign gynaecologic procedures at a Canadian university-affiliated hospital. July 9, 2020
Andrée-Anne Busque, Research Assistant and Medical student, SMRC and McGill University

Deployment in CHSLDs in times of covid-19 pandemic : Sharing my experience and snapshot on lessons learnt. July 16, 2020
Adélaïde Doussau, MD, PhD Project Development and Consultation Coordinator , SMRC

Predicting adverse outcome in elderly patients by pattern of ED visits--A C.A.R.E. Project Update. July 23, 2020
Rick Mah, MD, CCFP, CCFP(EM), St. Mary's Hospital Center

Front-line emergency department staff assessments of processes of elder-friendly care: Results from a phase of DUrAA Project. August 6, 2020
Deniz-Cetin-Sahin, MD, MSc, PhD (c), SMRC and McGill University

Ethical and legal issues surrounding consent: capacity, voluntariness, and understanding. August 13, 2020
Katya Loban, PhD (c), SMRC and McGill University

Challenges in elder abuse knowledge translation. August 20, 2020
Mark Yaffe, M.D., C.M., M.Cl.Sc., C.C.F.P. (L.M.), F.C.F.C. (hon), St. Mary's Hospital Center

LUNCH & LEARN
A UNIQUE OPPORTUNITY FOR KNOWLEDGE TRANSFER - Continued

Bringing Netflix technology to video narratives of experiences of breast surgery: Helping women navigate the information tsunami. September 3rd, 2020
Susan Law, PhD, Director of Research and Scientist, Trillion Institute for Better Health
Ilja Ormel, PhD (c). SMRC and McGill University

What is the value of online patient reviews?: Assessment of RateMD comments according to the CanMEDS Framework. September 17, 2020
Nina Morena, PhD (c). McGill University
Ari Meguerditchian, MD, MD, MS, FRCS, FACS, Scientific Director, St. Mary's Research Centre

IT security and research: A question of good habits. October 15, 2020
Komlan Logossou, B.Sc (Networking), IT Governance Adviser, CIUSSS de l'Ouest-de-l'Île-de-Montréal
Rebecca MacDonald, MA, Planning, Programming and Research Officer - Research Ethics, CIUSSS de l'Ouest-de-l'Île-de-Montréal
Fredrick Vokey, MPhil, Research Ethics, CIUSSS de l'Ouest-de-l'Île-de-Montréal

Enquêter sur les inégalités d'utilisation des services de santé chez les personnes atteintes de démence, le rôle du statut socio-économique, du sexe et de la ruralité., November 5, 2020
Claire Godard-Sebillotte, MD (geriatry), PhD, ROSA Team
Nadia Sourial, PhD, Principal Scientist, Centre de recherche du Centre hospitalier de l'Université de Montréal (CHUM)
Geneviève Arsenault-Lapierre, PhD, Senior Research Associate, ROSA Team

Les Enjeux éthiques liés à la télémedecine. November 19, 2020
Abdou Simon Senghor, PhD, Researcher, Pragmatic Health Ethics Research Unit

Quebec's Strategy for Patient-Oriented Research (SPOR) Support Unit: Services, tools, and examples of application. January 7, 2021
Christian Ruchon, MSc, Knowledge Translation Coordinator, Quebec SPOR SUPPORT Unit

Multi-stakeholders partnerships to promote access to primary health care for vulnerable populations: A mixed-methods study. March 18, 2021
Ekaterina (Katya) Loban, PhD (c), McGill University

WELLNESS TALKS
TAKING CARE OF THE SMRC COMMUNITY DURING THE PANDEMIC

A new series of conferences initiated in June 2020 by the Scientific Director. These half-hour lectures are moderated by health professionals. They are aimed at the SMRC community and cover a variety of topics dealing with health and well-being at work and in life in general.

Principe d'ergonomie : existe-t-il vraiment une bonne posture ? June 29, 2020
Michaël Vachon, Michaël Vachon, Physiotherapist, Physio-Extra

Adverse cutaneous reactions to hygiene during COVID-19. June 19, 2020
Loukia Mitsos, Dermatologist, Protoderma

Le sommeil. July 6, 2020
Michaël Vachon, Physiotherapist, Physio-Extra

L'activité physique. August 24, 2020
Michaël Vachon, Physiotherapist, Physio-Extra

Stress management. September 24, 2020
Laura Serapian, Occupational Therapist, Physio-Extra

What do we know about COVID-19 and children / adolescents. November 12, 2020
Taline Bedrossian, MDCM, FRCPC, Child and Adolescent Psychiatrist, Associate Professor, Université de Montréal
Hôpital Ste-Justine, Hôpital du Suroît

Mindfullness and mobility @ Liftsession.com

Since January 2021, the SMRC to all its employees has provided a subscription to the liftsession.com wellness app, which includes personalized fitness programs with access to live coaching, the opportunity to participate to team wellness challenges and monthly live sessions on mindfulness and mobility.

SMRC COMMUNITY INITIATIVES DURING COVID-19

Dr. Anne Andermann was invited to participate at St. Mary's Hospital Grand Rounds. She gave two talks: COVID-19: What do family doctors need to know? COVID-19 "Prevention Strategies: A Public Health Perspective.

Dr. Adélaïde Doussau, Project Development and Consultation Coordinator and **Dr. Julia Chabot**, geriatrician and researcher contributed the Guide d'orientation pour équipes médicales oeuvrant dans les CHSLD /RI/ RPA en temps de pandémie.

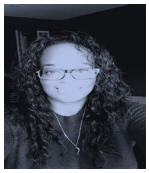
Dr Ari Meguerditchian, Scientific Director, raised $100,000 to implement a program that allowed elderly patients separated from their loved ones due to pandemic restrictions to connect with them using tablets.

Lydia Ould Brahim, PhD Candidate, Lydia Ould Brahim, PhD Candidate, returned part-time to clinical work as registered nurse and contributed to supporting those most heavily impacted by COVID-19. She worked in an eldercare residence helping with clinical monitoring, medication administration, activities of daily living as well as assisting with palliative care.

Cindy Ibberson, Recruitment Coordinator, worked with over a dozen research assistants to share her expertise, build capacity and maintain a spirit of community, despite confinement restrictions. She also maintained and built new ties with community partners throughout Quebec. This work was instrumental in ensuring ongoing SMRC trials could continue, despite challenges of recruiting patients during the pandemic.

Ilja Ormel, PhD Candidate and member of the Health Experiences Research Group conducted online interviews with people who had COVID-19. The collected data will be analyzed with the aim to create a short edited film with key experiences of having COVID-19. This study is part of a large international collaboration of a comparative analysis of peoples' experiences with COVID in 11 different countries.

Mona Magalhaes The COVID-19 pandemic has increased the burden to caregivers of cancer patients, exposing and elevating the distress they can experience. Project Manager of e-IMPAQ, Mona had a key role in supporting the team gathering caregivers Experiential feedback, and evaluate available smartphone applications for cancer caregivers.



Nicole Mike, Coordinator - Research Administration was appointed Safety Officer Of SMRC. She attended multiple special training sessions offered by the Red Cross and adapted the guidelines developed by this organization and the Institut national d'excellence en santé et services sociaux (INESSS) for the CIUSSS to create and implement a safety procedure plan to secure SMRC environment.

Sonia Lussier, Research Assistant, adapted the IMPACT volunteer program to the COVID-19 situation to train volunteers to call vulnerable people in Côte-des-Neiges and offer support and information to them to get the help they need. The program was also adapted for a similar intervention for an English community organization in Notre-Dame-de-Grâce.

ACTIVITY REPORT TEAM 2020-2021

- Ari Meguerditchian, MD, MS, FRCS, FACS (Scientific Director, SMRC)
- Isabelle Crépeau, MLIS (Administrative Assistant, SMRC)

We thank the researchers and members of the SMRC community for providing the information contained in this report.