

HORTICULTURE PROGRAM



Improve your mental, physical, social and emotional well-being through group-based horticulture workshops.

Activities:

- Plan and maintain vegetable and flower gardens: designing, sowing, planting, watering, weeding, harvesting.
- Greenhouse production: sowing, cuttings, repotting, maintenance.
- Botanical arts: floral arrangements, collages, crafts.

Contact:

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