Centre intégré universitaire de santé et de services sociaux de l'Ouest-de-l'Île-de-Montréal
Québec

☐ HLAS ☐ HSA ☐ CHSLD DBV ☐ CHSLD GD
☐ HGL ☐ IUSMD ☐ CHSLD DOR ☐ CHSLD NP
☐ CHSM ☐ CLSC ☐ CHSLD LAS ☐ CHSLD LACH

Nº dossier / Chart nº	DDN / DOB	Sexe / Sex
Nom / Name	Prénom / First Name	
Nom de la mère / Name of mother		
Adresse / Address		
Tél. / Tel.		
Nº assurance maladie / Medicare Card Nº		Expiration

Allergie(s) : _____ Height: _____ Weight: _____

Prescriber's initials	Enhanced recovery after surgery (ERAS) - Colorectal Post-operative prescriptions (medications)

Medications

_____ Follow the anaesthetist's epidural/epimorph/patient-controlled analgesia (PCA) prescription and the postoperative prescription.

_____ Dalteparin during hospitalisation (start 12 hours after the end of surgery)

Recommended dosage

Weight	Less than 40 kg	40-100kg	More than 100kg
Dalteparin	☐ 2500 units SC DIE	☐ 5000 units SC DIE	☐ 7500 units SC DIE

_____ Pantoprazole (Pantoloc®) 40 mg PO DIE

_____ Polyethylene glycol 3350 (Lax-A-Day®) 17 g of powder diluted with 250 mL of water. To be taken PO DIE while taking an opioid

_____ Milk of magnesia 30 mL PO BID regular X 48 h start POJ#1 *(exclusion: patients with ileostomy)*

Start the following medications after stopping the epidural or PCA.
If no epidural or PCA, start immediately

_____ Acetaminophen 1000 mg PO q8h X 72h then PRN

Non-steroidal anti-inflammatory (only if creatinine clearance is > 30 mL/min)

_____ Celecoxib (Celebrex®) 100 mg PO BID X 72h then reassess **OR**

_____ Meloxicam 15 mg PO X 1 dose *(if severe allergy to sulphonamides)*

_____ Other(s): _____

Opioid

_____ Oxycodone ☐ 5 mg **OR** ☐ 10 mg q4h PRN **OR**

_____ Hydromorphone ☐ 1 mg **OR** ☐ 2 mg PO q4h PRN

_____ Other(s): _____

Prescriber: Name (block letters)	Signature	License No	Date (YYYY/MM/DD)	Hour

GRM 4200043370

ORDONNANCE PRÉ-IMPRIMÉE