DO NOT USE



ABBREVIATIONS SYMBOLS DOSE DESIGNATIONS

Follow these best practices

ABBREVIATION	INTENDED MEANING	PROBLEM	RECOMMENDATION
U	Unit	Can be mistaken for • "0" (zero) • "4" (four) or • cc	• "unit"
IU	International unit	Can be mistaken for • "IV" (intravenous) or • "10" (ten)	• "unit"
Abbreviations for drug names (excluding solutions)		Because there are similar abbreviations for multiple drugs e.g., MS MSO ₄ (morphine sulfate) MgSO ₄ (magnesium sulfate) • Can be misinterpreted • Can be mistaken for each other	Do not abbreviate drug names
QD	Every day	 QD and QOD are often mistaken for each other Mistaken for "qid" (four times a day) The Q has also been misinterpreted as "2" (two) 	• "daily"
QOD	Every other day		• "every other day"
OD	Every day	Can also be mistaken for • "Right eye" (OD = oculus dexter)	• "daily" • DIE
os	Left eye	May be confused with one another	• "left eye"
OD	Right eye		• "right eye"
OU	Both eyes		• "both eyes"
AS	Left ear	May be confused with one another	• "left ear"
AD	Right ear		• "right ear"
AU	Both ears		• "both ears"
D/C	Discharge	Can be interpreted as • "Discontinue whatever medications follow"	• "discharge"
сс	Cubic centimetre	Can be mistaken for • "u" (units)	• "mL" "millilitre"
μg	Microgram	Can be mistaken for • "mg" (milligram) resulting in one thousand-fold overdose	• "mcg"
SYMBOL			
a	at	Can be mistaken for • "2" (two) • "5" (five)	• "at"
&	and	Can be mistaken for • "2" (two)	• "and"
x 3 d	Three doses	Can be misinterpred as • "for 3 days"	 "three doses" Other duration spelled out
x 3 d	For three days	Can be interpreted as • "3 doses"	 "for three days" Other duration spelled out
DOSE DESIGNAT	TIONS		
Trailing zero	x.0 mg	The decimal point is often overlooked resulting in 10-fold dose error	 Never use a zero by itself after a decimal point "x mg"
Lack of leading zero	.x mg	The decimal point is often overlooked resulting in 10-fold dose error	Always use a zero before a decimal point"0. x mg"

 $\label{eq:Adapted from a document by ISMP Canada.}$

