

# MAISONS

## ALTERNATIVES

**The following questions were asked at the information session held on June 7, 2022. To the extent possible, they have been grouped thematically.**

### **What are the admission criteria for the alternative home?**

The admission criteria are:

- Individuals aged 18 to 64 years;
- With a diagnosed intellectual or physical disability and/or an autism spectrum disorder;
- With significant health and readaptation needs;
- Already receiving services from the healthcare network.

Individuals with severe behavioural issues will not be admitted. They will be redirected toward other resources available at residential facilities of the CIUSSS.

### **Can the resident have only a physical disability, but not an intellectual disability or an autism spectrum disorder?**

Yes, the alternative home will welcome users with an intellectual disability, an autism spectrum disorder, or a physical disability (ID-ASD-PD). Some users may have a combined profile. The units are designed to group users with similar profiles to promote interaction.

### **Will autistic individuals requiring high levels of support be admissible?**

It depends on the needs of the individual. If they have a physical disability and they have significant health and readaptation needs, they may be admissible.

We are trying to develop a continuum of services that meets the varied needs of our clientele.

### **Do residents need to have a certain level of autonomy to be admissible? For example, do they need to be able to do their own grocery shopping, cooking, laundry, etc.?**

Residents of the alternative home will need to present a certain loss of autonomy. For those who do not, alternative services are available, particularly Home Care Services. However, the setting of the alternative home will allow residents seeking some autonomy to develop it (ex.: doing their laundry, making their breakfast at the breakfast bar, etc.).

### **Will the beds be managed by the *mécanisme d'accès d'hébergement* of the CIUSSS Ouest-de-l'Île-de-Montréal? Or will there be a different referral process?**

The team is currently working to determine the best way to manage requests. The housing access mechanism (MAH) is primarily intended for CHSLD-type clients. For the alternative home, access would better fit the current ID-ASD-PD access portal. More information will be made available in due course.

# MAISONS

## ALTERNATIVES

In the interim, users and their families are encouraged to contact the ID-ASD-PD access portal for more information. A caseworker will answer their questions about the Alternative Home and all available ID-ASD-PD services and residential care available through the CIUSSS. You can call them at

- 514-363-3025, extension 2257.
- [Guichet-Acces-DI-TSA-DP.comtl@ssss.gouv.qc.ca](mailto:Guichet-Acces-DI-TSA-DP.comtl@ssss.gouv.qc.ca)

### **To express our interest for our son, do we contact the CIUSSS directly or do we speak with our WMRH caseworker?**

The alternative home is part of the service trajectory. If the user is already receiving services from the ID-ASD-PD Directorate, they must contact their caseworker who, if needed, will contact the ID-ASD-PD portal.

### **Will you be accepting users from other CIUSSS?**

Yes, as with CHSLDs, users from other territories can request access to the alternative home.

### **Will users already housed in long-term care facilities be transferred to the alternative home?**

The objective is to transfer users with an ID-ASD-PD profile who are living in other long-term residential care facilities to the alternative home, which is better adapted to their needs.

### **When we requested a place for our son, we were told that there was no space available anywhere and that they are rare. Why are you prioritizing people who are already receiving residential care rather than those who do not?**

In recent months, we have worked to meet the needs of this clientele. Construction of the Dorval Alternative Home, as well as the 72-bed alternative home in Rivière-des-Prairies, are intended to address that need. Those individuals currently living in the community will not be forgotten.

### **Can you please confirm if this alternative housing will also offer shorter duration respite stays?**

The goal of the alternative home is to provide a living environment and long-term care. It is not intended for short-term stays.

### **With the age being 18 to 65, what would happen to the clients after age 65?**

It will depend on the wishes of the resident and their family. It will be on a case-by-case basis. Pairings should always take into consideration what is most appropriate for the user. If a resident turns 65 years old and is in good health, a transfer to a Maison des aînés that best meets their needs could be a solution. There is also the intention to develop spaces within CHSLDs for individuals with an intellectual disability or autism spectrum disorder who also have a loss of autonomy.

### **What combination of professionals will be working at the Dorval Alternative Home (ex.: nurses, specialized educators, etc.)?**

A range of professionals will work at the alternative home, including nurses, nursing assistants, beneficiary attendants, given that the clientele has significant readaptation needs, but also

# MAISONS

## ALTERNATIVES

professionals to meet the needs related to various handicaps, including specialized educators, psychoeducators, art therapists, occupational therapists, and more.

### **How many employees will be present on a regular basis?**

Each shift there will be some thirty employees present (nurses, beneficiary attendants, educators, etc.).

### **What sorts of activities will be available? Will there be support services available to the residents' loved ones?**

The active participation of informal caregivers is an integral part of the vision behind the maisons des aînés and the alternative homes. We are developing a program that will give great importance to informal caregivers. For example, a parent who enjoys cooking could lead a cooking workshop for interested residents.

It should be noted that the alternative home will be open 24 hours a day, 7 days a week. Two studios will be available for users' informal caregivers and family members, allowing them to stay close (for example on the occasion of a celebration, if the user isn't feeling well). They will be able to stay there for a few days.

### **How will non-verbal clients communicate their needs?**

We have all the necessary expertise. We work a great deal with pictograms or signs. Certain users also have good language skills. We develop intervention plans according to the user's needs.

### **If a user goes bowling every Saturday, for example, will they be able to continue doing so?**

Absolutely! The alternative home is located so that the user can continue to enjoy their activities.

### **How will clients who cannot navigate the community independently be kept safe in the alternative home? For example, will the main doors be locked, etc.?**

The alternative home is an open setting. We want to avoid locked doors, which is why we are paying particular attention to security-related technology (ex.: installation of many cameras, electronic bracelets, etc.).

### **What are the monthly costs?**

The rates are the same as those for public CHSLDs. The user's contribution is determined by the Régie de l'assurance maladie du Québec (RAMQ) based on their annual income. Everyone, no matter their income, can therefore have access to the alternative home.

### **Will the Alternative Home be bilingual?**

Absolutely. Services will be provided in both French and English, according to the user's preference.

### **When will construction begin?**

Construction will begin in June 2022 and should be completed in November 2023.

# MAISONS

## ALTERNATIVES

**Were some or any of the clientele involved in the planning of this project?**

Absolutely. When we developed the clinical plan, a user-partner was involved in identifying needs.

**Does this project potentially affect the Batshaw Centre? What connection will there be between the alternative home and the Centre?**

Since the outset of the project, we have worked to ensure that the two projects are well aligned and that everything possible is done to ensure that the services provided to their respective clienteles are respected.

**The yards of the homes on Louise-Lamy St. are very small. Three metres' distance is very little considering the noise from cars, headlights, and the pollution. Can the fence be replaced by something more opaque?**

We prefer by far the dense planting of vegetation. It's the best solution for the neighbourhood and the environment.

**How many trees will be planted?**

The project, as designed, aims to conserve as many trees as possible, especially to ensure an organic barrier along the homes adjacent to the property and along Dawson Rd. More specifically, the project will plant: 27 deciduous trees, 5 conifers, and a number of shrubs.