Centre de recherche de St. Mary St. Mary's Research Centre Janvier / January 2021



Dear Colleagues, Happy New Year!

Let's hope that 2021 progressively brings back life as we know it before the COVID-19 pandemic. The holiday break was an opportunity to rest from the daily challenges and difficulties we faced during the

past 9 months. It certainly isn't easy to be festive when you can't be with your loved ones, and I'd like to express my gratitude to everyone for continuing to maintain social distancing and other preventative measures to curb the spread of the virus.

The second wave of the pandemic has forced us to once more shut down physical access to the Research Centre. However, it hasn't stopped our teams from working remotely and ensuring academic productivity. For example, Dr Susan Law's group recently released a new online health experience module, that will empower patients in becoming active partners in research. Patient-partners are patients, caregivers or family members who become an integral part of the process of research design, conduct, analysis and transfer of knowledge. This means that the research is being done 'with' or 'by' them and not 'for' them.

Good habits are tough to break... Thursday lecture presentations will be back in the new year. Dr Adelaïde Doussau who leads our scientific consultation service has organised a series of very interesting presentations for the 2021 edition of our Lunch & Learn talks, starting with Christian Ruchon who'll discuss Quebec's Quebec's Strategy for Patient-Oriented Research (SPOR) Support Unit.

2021 will be a year of growth for the SMRC. I'm pleased to announce that Madame Jacqueline Turgeon will be joining us in mid-January as Research Centre Manager. Jacqueline has accumulated over 20 years of experience in research operations in the life sciences network and will be able to contribute meaningfully to the ongoing effort of updating administrative and institutional processes at the Research Centre. Her presence will help us further consolidate our partnership with the various directorates of the CIUSSS and University. Whether it's finance, human resources or information technologies, we have a lot of work to do in preparing the next phase of growth of the SMRC. I hope to be able to count on everyone as we move forward with this exciting challenge.

Wishing you a safe new year.

Welcoming Jaqueline Turgeon, new SMRC manager

Ms Turgeon brings to SMRC her extensive experience and knowledge in research operations. For over 20 years, she led administrative processes at the Institut de recherches cliniques de Montréal (IRCM), accompanying the institution through a period of growth.

Ms Turgeon will be responsible for the management and accountability of all administrative aspects of research conducted at St. Mary's Hospital. She will work collaboratively with hospital researchers and their staff to ensure effective and efficient support from SMRC core team for investigators, research continuation and research-related activities.

Patient-researcher partnerships: New module A healthexperiences.ca just by launched!



This new online Health Experiences module is based on qualitative interviews using audio/video recording with 33 patients, caregivers and researchers involved in partnered research. This resource presents the topics important to those who shared their stories of partnership, with illustrative clips from the interviews. This material can be used in training sessions about partnerships, in teaching, and as a resource for any/all interested in learning about the benefits and challenges of working together throughout the research life cycle. With thanks to all of our participants, to our advisory panel, and for funding support from the Ontario SPOR Support Unit, Dr. Ian Graham's Integrated Knowledge Translation Research Network, and St. Mary's Hospital Foundation.

At the moment, this resource is only available in English but we are seeking funding to have translated into French. Please feel free to forward the following link to others who may find this useful, including patients, researchers, educators, and others in your networks.

The research was completed by members of our health experiences team based at Trillium Health Partners - Institute for Better Health, St. Mary's Research Centre,

McGill University, and the University of Toronto. The module is hosted on our public web site for our research at: program www.healthexperiences.ca or www.experiencessante.ca.

Appreciation Lunch 2020



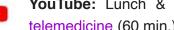
On December 17, we celebrated the end of 2020 with our colleagues. A screen, a Zoom connection and a special lunch delivery brought together more than thirty researchers, research assistants and staff members of St. Mary's Research Center and Oncology Research Department.

Hosted by Lisa Starr, Ariana Lazaris, Vanessa Gibbs, Isabelle Crépeau and Cindy Ibberson, participants were taken to the 12 Days of Christmas Board posted with SMRC staff Christmas decorations, entertained on Christmas cards and the life of the

Canadian artist Maud Lewis, and participated in a chat cascade: What do you appreciate about your work colleagues? What has kept you sane during the pandemic? What are your hopes and wishes for the New Year? Answers here

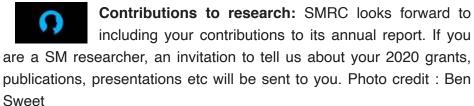
Photo credit: Sylvie Lambert. "Children proof Christmas tree!"

Quick news & links



YouTube: Lunch & Learn on ethical issues related to telemedicine (60 min.)

CARE grants: Due to COVID-19 pandemia, the announcement usually released in December is delayed.





TEMPO: New video "Recevoir un diagnostic du cancer de la prostate..." (2 min.)

Recently published



Rochefort CM, Abrahamovicz M, Biron A, Bourgault P, Haggerty J, McCusker J. Nurse staffing practices and adverse events in acute care hospitals: The research protocolol of a multisite patient-level longitudinal study.

Journal of Advanced Nursing. 2020:1-11. DOI: 10.1111/jan.14710

In press



McCusker J, Jones J, Li M, Faria R, Yaffe MJ, Lambert S, Ciampi A, Belzile E, de Raad M. CanDirect: CanDirect: Effectiveness of a telephone-supported depression self-care intervention for cancer survivors. *Journal of Clinical*

Oncology.



Lambert S, McCusker J, Belzile E, Yaffe M, Ihejirika C, Richardson J, Bartlett S. Using confirmatory factor analysis and Rasch analysis to examine the dimensionality of The Patient Assessment of Care for Chronic Illness Care

(PACIC). Quality of Life Research.

Under review



Lambert S, Schaffler JL, **Ould Brahim L**, ...Belzile E,...Rosenberg E, ...**Clayberg K, Ciampi A**. The effect of culturally adapted health education interventions among culturally and linguistically diverse (CALD)

patients with a chronic illness: A meta-analysis and descriptive systematic review. *Patient Education and Counseling.*

Librarian's corner

<u>Huit questions à se poser devant les études</u>, Catherine Crépeau, La Presse+, 27 novembre 2020

JANUARY HAPPENINGS

Lunch & Learn ~ January 7, 2021 https://us02web.zoom.us/i/409644888

Quebec's Strategy for Patient-Oriented Research (SPOR) Support Unit: Services, tools, and examples of application

With

Christian Ruchon, M.Sc.

Unité de soutien SRAP du Québec

January 28, 2021

Stay posted!

Wellness Talk ~ January 14, 2021

https://us02web.zoom.us/i/8138497239

Stay posted!

Copyright © 2021

St. Mary's Research Centre / Centre de recherche de St. Mary

January Newsletter

research.stmary@ssss.gouv.qc.ca