## **EDUCATION-EMPLOYMENT** SUPPORT PROGRAM

## We have a support program for students with mental health challenges

## Our services:

- Facilitate collaboration between all parties involved, including the family.
- Create an academic action plan.
- Come up with strategies to manage stress, stress-related symptoms and better study habits.

AN INDIVIDUALIZED SUPPORT PROGRAM TO HELP YOUR STUDENTS ACHIEVE THEIR GOALS!



## **CONTACT US!**

Services provided by the health and social services network to support our students



Name

Cell number

Centre intégré universitaire de santé et de services sociaux de l'Ouest-de

jébec