

Your Employee Assistance Program



Let us help

Your Employee Assistance Program (EAP) provides you with **immediate and confidential help** for any work, health or life concern. We're available anytime and anywhere. Let us help.

[Access your EAP 24/7 by phone, web or mobile app.](#)

1.877.257.5557

TTY: 1.877.338.0275

workhealthlife.com

Download My EAP app now at your device app store or scan the QR code.

